



## **AIRMAN AND FAMILY READINESS CENTER**

### **Information Portal**

**June 2008**

#### **SCHEDULED EVENTS:**

**2 Jun - PRE-SEPARATION BRIEFING, 1 to 2:30 p.m.** All transitioning military personnel planning to retire or separate are required to receive pre-separation counseling. Retiring service members are eligible for counseling 24 months prior to leaving active duty. Separating members are eligible for counseling 12 months prior to leaving active duty. Early completion is important to ensure a smooth transition to civilian life. Orders are not required and this briefing does not obligate you to separate/retire from the military. During pre-separation counseling, you'll be reminded about your current entitlements, and briefed on preparing for civilian employment/life. You will complete a DD Form 2648, Pre-separation Counseling Checklist, which helps you identify your needs and develop a personal transition plan. Call 895-1252 to register.

**3 Jun - SPONSORSHIP TRAINING, 9 to 10:00 a.m.** Sponsorship Training is mandatory for first-time sponsors or those who have not sponsored anyone within the last year. To register, call Airman and Family Readiness 895-1252.

**3 Jun - REINTEGRATION BRIEFING, 9 to 11:00 a.m. at the Deployment Processing Center,** Mandatory for individuals returning from deployments outside CONUS. This briefing includes return and reunion issues, Life Skills screening and Finance to assist with travel vouchers. *Spouses are highly encouraged to attend the briefings.* Call 895-1252 for more information.

**4 Jun - BUDGET CLASS, 8:30 to 10:00 a.m.** This Budget class is for E-4 and below and is designed to increase the awareness and the importance of effective budgeting, credit management, and savings/investing. Please call 895-1252 to attend.

**5 Jun - PRE-DEPLOYMENT BRIEFING, 9 to 10:30 a.m. at the Deployment Processing Center** is mandatory for individuals departing on extended deployments (30 days or more). This briefing covers family separation preparation and anti-terrorism measures. *Spouses are highly encouraged to attend the briefings.*

**5 Jun - PRE-SEPARATION BRIEFING, 1 to 2:30 p.m.** All transitioning military personnel planning to retire or separate are required to receive pre-separation counseling. Retiring service members are eligible for counseling 24 months prior to leaving active duty. Separating members are eligible for counseling 12 months prior to leaving active duty. Early completion is important to ensure a smooth transition to civilian life. Orders are not required and this briefing does not obligate you to separate/retire from the military. During pre-separation counseling, you'll be reminded about your current entitlements, and briefed on preparing for civilian employment/life.

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**7 Jun –DEPLOYED FAMILY BRUNCH, 11:00 a.m. to noon. at the CMSgt Emerson E. Williams Dining Facility.** The 20th Force Support Squadron offers a low cost brunch on the first Saturday of every month. This is another occasion to get together and enjoy a nice dinner away from home. E4 and below families do not pay a surcharge. For more information please call 895-9790.

**6 Jun – REINTEGRATION BRIEFING, 9 to 11:00 a.m. at the Deployment Processing Center,** Mandatory for individuals returning from deployments outside CONUS. This briefing includes return and reunion issues, Life Skills screening and Finance to assist with travel vouchers. *Spouses are highly encouraged to attend the briefings.* Call 895-1252 for more information.

**6 Jun - GIVE PARENTS A BREAK-Air Force Aid Society “Free Child Care,” 6:30 to 10:30 p.m.** The purpose of this program is to offer eligible parents a few hours break from the stresses of parenting. A referral certificate is required. Call the AFRC at 895-1252 for more information. Please pre-register at the Child Development Center (CDC) (infants to 6 years old) and Youth Center (ages 6-12).

**8 Jun - PREDEPLOYMENT BRIEFING, 9 to 10:30 a.m. at the Deployment Processing Center** is mandatory for individuals departing on extended deployments (30 days or more). This briefing covers family separation preparation and anti-terrorism measures. *Spouses are highly encouraged to attend the briefings.*

**9 Jun - PRE-SEPARATION BRIEFING, 1 to 2:30 p.m.** All transitioning military personnel planning to retire or separate are required to receive pre-separation counseling. Retiring service members are eligible for counseling 24 months prior to leaving active duty. Separating members are eligible for counseling 12 months prior to leaving active duty. Early completion is important to ensure a smooth transition to civilian life. Orders are not required and this briefing does not obligate you to separate/retire from the military. During pre-separation counseling, you'll be reminded about your current entitlements, and briefed on preparing for civilian employment/life. You will complete a DD Form 2648, Pre-separation Counseling Checklist, which helps you identify your needs and develop a personal transition plan. Call 895-1252 to register.

**10 Jun – REINTEGRATION BRIEFING, 9 to 11:00 a.m. at the Deployment Processing Center,** Mandatory for individuals returning from deployments outside CONUS. This briefing includes return and reunion issues, Life Skills screening and Finance to assist with travel vouchers. *Spouses are highly encouraged to attend the briefings.* Call 895-1252 for more information.

**11 Jun - RELATIONSHIP ENHANCEMENT CLASS, 8:00 a.m. to 4:30 p.m. PREP®** Prevention and Relationship Enhancement Program - Discover some hidden benefits of effectively communicating with your spouse. This is great class for everyone and especially for those spouses with military members just returned from a deployment.

Class held at Airman & Family Readiness Center Call to Call 895-1252 or 895-1253 to register.

**12 Jun - PREDEPLOYMENT BRIEFING, 9 to 10:30 a.m. at the Deployment Processing Center** is mandatory for individuals departing on extended deployments (30 days or more). This briefing covers family separation preparation and anti-terrorism measures. *Spouses are highly encouraged to attend the briefings.*

**12 Jun - PRE-SEPARATION BRIEFING, 1 to 2:30 p.m.** All transitioning military personnel planning to retire or separate are required to receive pre-separation counseling. Retiring service members are eligible for counseling 24 months prior to leaving active duty. Separating members are eligible for counseling 12 months prior to leaving active duty. Early completion is important to ensure a smooth transition to civilian life. Orders are not required and this briefing does not obligate you to separate/retire from the military. During pre-separation counseling, you'll be reminded about your current entitlements, and briefed on preparing for civilian employment/life. You will complete a DD Form 2648, Pre-separation Counseling Checklist, which helps you identify your needs and develop a personal transition plan. Call 895-1252 to register.

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**16 Jun - PRE-SEPARATION BRIEFING, 1 to 2:30 p.m.** All transitioning military personnel planning to retire or separate are required to receive pre-separation counseling. Retiring service members are eligible for counseling 24 months prior to leaving active duty. Separating members are eligible for counseling 12 months prior to leaving active duty. Early completion is important to ensure a smooth transition to civilian life. Orders are not required and this briefing does not obligate you to separate/retire from the military. During pre-separation counseling, you'll be reminded about your current entitlements, and briefed on preparing for civilian employment/life. You will complete a DD Form 2648, Pre-separation Counseling Checklist, which helps you identify your needs and develop a personal transition plan. Call 895-1252 to register.

**16 Jun - DEPLOYED-REMOTE SPOUSES DINNER, 6 to 7:30 p.m.** All spouses and family of deployed services members are invited to attend a dinner at the base Palmetto Chapel. Call 895-1106 or 895-1252 for more information.

**17 Jun - REINTEGRATION BRIEFING, 9 to 11 a.m. at the Deployment Processing Center**, Mandatory for individuals returning from deployments outside CONUS. This briefing includes return and reunion issues, Life Skills screening and Finance to assist with travel vouchers. *Spouses are highly encouraged to attend the briefings.*

**17, 18, 19 Jun - 3 DAY TRANSITION ASSISTANCE PROGRAM (TAP) SEMINAR, 8 a.m. to 5 p.m. Note: This class is full.** Thinking of becoming a civilian again within the next year? Join in to receive three days of vitally important information as you leave

the military environment. A TAP seminar is held monthly at the AFRC and is co-sponsored by the Department of Labor. It is designed to provide separating and retiring members, civilian employees and their spouses with the tools necessary to conduct a successful job search as a civilian. Call 895-1252 to register.

**19 Jun - PREDEPLOYMENT BRIEFING, 9 to 10:30 a.m. at the Deployment Processing Center** is mandatory for individuals departing on extended deployments (30 days or more). This briefing covers family separation preparation and anti-terrorism measures. *Spouses are highly encouraged to attend the briefings.*

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**20 Jun – REINTEGRATION BRIEFING, 9 to 11:00 a.m. at the Deployment Processing Center.** Mandatory for individuals returning from deployments outside CONUS. This briefing includes return and reunion issues, Life Skills screening and Finance to assist with travel vouchers. *Spouses are highly encouraged to attend the briefings.*

**20 Jun – HEARTS APART, 6 to 7:30 p.m. Fiesta Party at the Memorial Lake Pavilion.** Support and network with others while your spouse is deployed/remote; we invite all families remaining on station without their military members to attend. For more information and to register, please call the Airman & Family Readiness Center at 895-1252.

**23 Jun - PRE-SEPARATION BRIEFING, 1 to 2:30 p.m.** All transitioning military personnel planning to retire or separate are required to receive pre-separation counseling. Retiring service members are eligible for counseling 24 months prior to leaving active duty. Separating members are eligible for counseling 12 months prior to leaving active duty. Early completion is important to ensure a smooth transition to civilian life. Orders are not required and this briefing does not obligate you to separate/retire from the military. During pre-separation counseling, you'll be reminded about your current entitlements, and briefed on preparing for civilian employment/life. You will complete a DD Form 2648, Pre-separation Counseling Checklist, which helps you identify your needs and develop a personal transition plan. Call 895-1252 to register.

**24 Jun – REINTEGRATION BRIEFING, 9 to 11 a.m. at the Deployment Processing Center,** Mandatory for individuals returning from deployments outside CONUS. This briefing includes return and reunion issues, Life Skills screening and Finance to assist with travel vouchers. *Spouses are highly encouraged to attend the briefings.*

**24 Jun – FINANCIAL REFRESHER CLASS, 1 to 2:00 p.m.** Improve your home financial skills. Discover new strategies to pay bills and save money in the process. Be a better money manager - control your money instead of your money controlling you. Call 895-1252 to register.

**25 Jun –TROOPS TO TEACHERS and SPOUSES TO TEACHERS - EMPLOYMENT OPPORTUNITY, 10 to 11:00 a.m.** Answer the Call to Teach! South Carolina Needs New Teachers...if you are interested in becoming a teacher or want to explore the options available to you in education sign up now! Please call for more information or to register, 895-1252/1253.

**25 Jun – THRIFT SAVINGS PLAN (TSP) LUNCH AND LEARN, noon to 1:00 p.m.** Bring your lunch and join us. Seminar offers information on the various investment avenues and benefits of the TSP program – Learn more and make this savings program work for you. Please call for more information or to register, 895-1252/1253.

**26 Jun - PREDEPLOYMENT BRIEFING, 9 to 10:30 a.m. at the Deployment Processing Center** is mandatory for individuals departing on extended deployments (30 days or more). This briefing covers family separation preparation and anti-terrorism measures. *Spouses are highly encouraged to attend the briefings.*

**26 Jun – RESUME WRITING, 10 to 11:30 a.m. at the Airman and Family Readiness Center.** Mr Craig Cox from the Employment Security Commission will teach you how to best market yourself with a resume. Learn need to know skills on how to write the most effective resume for today's competitive job market. Local and national job search information discussed to help in your job search efforts. Call 895-1252 to sign-up.

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**27 Jun – REINTEGRATION BRIEFING, 9 to 11 a.m. at the Deployment Processing Center.** Mandatory for individuals returning from deployments outside CONUS. This briefing includes return and reunion issues, Life Skills screening and Finance to assist with travel vouchers. *Spouses are highly encouraged to attend the briefings.*

**30 Jun - PRE-SEPARATION BRIEFING, 1 to 2:30 p.m.** All transitioning military personnel planning to retire or separate are required to receive pre-separation counseling. Retiring service members are eligible for counseling 24 months prior to leaving active duty. Separating members are eligible for counseling 12 months prior to

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### On-Going Activities

**AIR FORCE AID EMERGENCY ASSISTANCE** - Do you have a financial emergency? Stop by the AFRC to pick up the AFAS Form 2 or visit [www.afas.org](http://www.afas.org). For more information, call the AFRC at 895-1252.

**AIR FORCE AID Education Scholarship - Deadline 7 March 2008 - for sons/daughters and spouses of active duty.** Additional eligibility information is available. Visit the Air Force Aid Society website at [www.afas.org](http://www.afas.org) or you can stop by Airman and Family Readiness to pick up a scholarship for more information, call the AFRC at 895-1252.

**AIRMAN AND FAMILY READINESS CENTER RELOCATION CENTER-** Stop by to learn about local community agencies and places to visit. Pick up an area map, visitor guide and local recreation activities.

**AIRMAN'S ATTIC,** The Shaw Airmen's Attic is every Thursday from 5:30 to 7:30 p.m. to all active-duty members E-4 and below and their family. For more information, call the attic at 895-6267.

**ASSIGNED SPONSORSHIP DUTY?** - Sign up for Sponsorship Training and stop by now to build your customized package for the newcomer to your unit.

**FIRST TERM AIRMAN "FREE OIL CHANGE"** - Air Force Aid Society will pay for a one time oil change and safety check. You must schedule an appointment through the Personal Financial Management Program (PFMP) to get a referral certificate. For more information, call the AFRC at 895-1252.

**"FREE CHILD CARE FOR PCS,"** The Air Force Aid Society pays for **20** hours of care per child for military families who are either leaving or arriving at a base. For more information, call AFRC at 895-1252

**FREE BASE VIDEOS AVAILABLE** - PCSing or filling out your "Dream Sheets" for future military career PCS moves and opportunities. Check out our base videos.

**FREE VIDEO EMAIL** – Create your own personal video message up to one minute long and send it out to your loved one.

**FOREIGN BORN CLUB** – Everyone born in a foreign country, including active duty and spouses, is welcome! Come by and meet people, make friends, get information about green cards and/or naturalization. If you just want to have fun or need help integrating into the American culture please contact us. Club meets the first Friday of each month, e-mail or call Nadia James [nadiajames@mac.com](mailto:nadiajames@mac.com) (803) 666-4737 for more information or to sign-up.

**HEARTS APART, 6 to 7:30 p.m.** Held monthly - Support and network with others while your spouse is deployed/remote; we invite all families remaining on station without their military members to attend. For more information and to register, please call the Airman & Family Readiness Center at 895-1252.

**JOB SEARCH ASSISTANCE** – Looking for employment? Local and National Job listings, resources and internet access are available in the Airman and Family Readiness Center Discovery Center. See a staff member or call us at 895-1252.

**KEY SPOUSE PROGRAM** – The Key Spouse Program is designed to create a link between the unit and family during deployments, as well as promote and enhance family readiness. Military spouses interested in volunteering their time to provide information and support to families in units should contact the unit First Sergeant to apply or the AFRC for more information.

**LOCAL, STATE, NATIONAL and INTERNATIONAL JOB POSTINGS** - Visit the Airman and Family Readiness Center anytime Monday to Friday from 7:30 a.m. to 4:30 p.m. Look for employment opportunities worldwide. Visit our resource room. Call 895-1252.

**MilitaryHOMEFRONT** is the official Department of Defense web site for reliable Quality of Life information designed to help troops and their families, leaders and service providers. Whether you live the military lifestyle or support those who do, you'll find what you need! <http://www.militaryhomefront.dod.mil/>

**MILITARY INSTALLATIONS** contains valuable information on over 250 military bases worldwide, including 55 Directories of programs and services available on each installation. While every effort has been made to collect and maintain data for all Directories for all bases, some of the installations are smaller and Jun not provide a listed program or service. The contact information in a Directory Listing contains: the name of the program, address, phone, fax, DSN numbers, toll free numbers, and e-mails, local weather, and installation websites, where available. [www.militaryinstallations.dod.mil](http://www.militaryinstallations.dod.mil)

**MILITARY ONE SOURCE** is a 24/7/365 resource for any question or problem an active duty military member or their family Jul have. Military One Source is intended to act as an extension of your Airman and Family Readiness Center; registration is required at <http://www.militaryonesource.com>. Military One Source services and assistance are FREE and can also be accessed by calling their customer service line at 1-800-342-9647.

**MORALE CALL PROGRAM-** Stay in touch with your deployed/TDY or remote tour service member with four fifteen-minute calls per month

**PLAN MY MOVE** provides you with access to information about your entitlements and benefits, to points of contact, checklists, planning tools, and information on education and employment. Plan My Move will put you and your family in charge of a smooth relocation to your new duty assignment. Fill in the following information about your move, click "Get Moving" and we will get started. Log into MilitaryHOMEFRONT website <http://www.militaryhomefront.dod.mil/pls/htmldb/f?p=107:1:577937830771975>

**RESUME WRITING**, Looking for work? Individual assistance and classes are offered. Learn a basic introduction to the different resume formats and ideas on how to write an effective resume. Discover access to the local and national job markets. Open to all military and family members; call the AFRC at 895-1252.

**SINGLE PARENTS SUPPORT GROUP – Date TBA, 12:00 noon**, Shaw personnel who are single parents and interested in meeting other single parents are invited to attend. Subs, soda/water will be provided. *"Helping Ourselves by Helping Each Other"* This group will be held at the Airman and Family Readiness Center. Call 895-1252 to sign up or you Jun contact Lt Col Christopher Rogers at 895-2831.

**SPONSORSHIP TRAINING** – Mandatory before becoming a sponsor. The AFRC staff can provide this training at your unit. Please call 895-1252 to make arrangements.

**UNIT PREDEPLOYMENT BRIEF** – Unit deployment managers (UDM) with 10 or more deploying personnel should contact AFRC to coordinate a mass briefing date, time, and location. ***IF YOU RECEIVE A SHORT NOTICE DEPLOYMENT CALL AFRC TO SCHEDULE AN APPOINTMENT***

**VIDEO LINK PROGRAM-** Have a video teleconference with your deployed/TDY or remote tour loved one, one video session is authorized per week

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